

Met-191

A Novel Cardiometabolic Supplement for Cholesterol and Metabolic Health



Primary Benefits

Met-191™ is a unique supplement for cholesterol control, appetite suppression and weight management, while improving factors that contribute to the metabolic syndrome*.

What Makes Met-191 Unique

This unique combination of Berberine and Picrorhiza in **Met-191™** brings together years of research on these ancient natural compounds.

Picrorhiza has been used for centuries in Indian Ayurvedic medicine¹ for its unique hepatoprotective^{2,3}, antidiabetic⁴ and chemopreventive^{5,6} properties. It is also a potent antioxidant, and it protects against oxidative stress and cardiovascular injury⁷⁻¹¹.

Berberine, a secret known for centuries in ancient Chinese medicine¹², is highly effective in lipid and glucose metabolism¹³.

The combination in **Met-191™** is specifically designed to help with appetite suppression and weight management; glucose metabolism and blood sugar management; high cholesterol levels; cardiovascular health; and liver health*.



"The dual action of weight management and metabolic health improvement make Met-191™ a winning option in the natural supplement market."



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A Scientific Approach To Achieve Better Health. Naturally.

Met-191

Key Ingredients of Met-191

The dual action of weight management and metabolic health improvement make **Met-191™** a winning option in the natural supplement market. **Met-191™** contains Berberine Hydrochloride HCl [97%; 500mg] (from Indian Barberry Root) and Picrorhiza Kurroa Root Extract [4:1; 200mg]. These natural plant ingredients are combined in **Met-191™** to form a potent supplement to assist in appetite suppression and weight management, while improving factors that contribute to the metabolic syndrome. These include cholesterol and blood sugar management.

Who Should Use Met-191

Met-191™ is ideal for anyone who is looking for appetite suppression and weight management, together with improvement of metabolic health. The dual action of weight management and metabolic health improvement make **Met-191™** a winning option in the natural supplement market*.

Met-191™ can be used with your current medication regimen, as there are no known adverse interactions with prescription drugs*. Additionally, it can be used by patients who cannot tolerate statins or other lipid lowering medications*. **Met-191™** is also preferred by patients who are looking for natural remedies for weight management and metabolic health*. Always check with your health care provider.

Clinical Evidence

Met-191™ is clinically proven¹⁴. In a placebo-controlled, randomized, double blind, 12-week study, the components of **Met-191™**, together with lipoic acid, were demonstrated to:

- Naturally optimize lipid metabolism, and lower levels of total cholesterol, LDL cholesterol, HDL cholesterol, and triglycerides*
- Assist in maintaining healthy blood sugar levels, as shown by improving markers of diabetes and insulin resistance*.
- Promote liver health and management of non-alcoholic fatty liver (NAFL)*
- Support appetite suppression & weight management*

SUPPLEMENT FACTS

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Berberine HCl (from Indian Barberry Root)	500 mg	†
Picrorhiza Root Extract	200 mg	†

† Daily Value not established.

Additionally, **Met-191™** was shown to be safe and well tolerated throughout the study with no adverse effects on liver function and renal function*.

References

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.